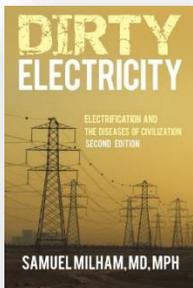


RECOMMENDED READING

Here is a list of books we have found inspiring or helpful—or both, which is even better! This really isn't fair—there are so many great authors and so many great books. By listing these we run the risk of offending others or implying these are, somehow, better. Nope. We just took a quick look across our shelves and thought, "What would I want my friends to read?" That's all.

DIRTY ELECTRICITY



Dirty Electricity tells the story of Dr. Samuel Milham, the scientist who first alerted the world about the frightening link between occupational exposure to electromagnetic fields and human disease. Milham takes readers through his early years and education, following the twisting path that led to his discovery that most of the twentieth century diseases of civilization, including cancer, cardiovascular disease, diabetes, and suicide, are caused by electromagnetic field exposure.

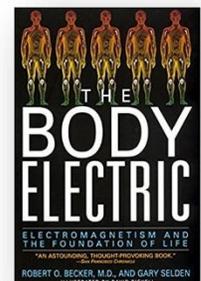
IMPLOSION: SECRET SCIENCE OF ECSTASY AND IMMORTALITY



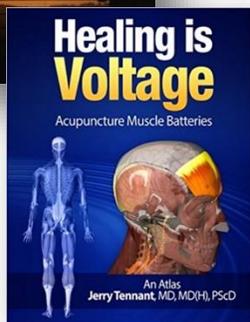
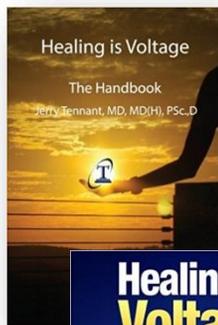
Science of Bliss and Ecstasy- with Spiritual Hygiene as Science
Intro is for Young People Seeking Spiritual Experience
Takes the serious science of what bliss is, and develops that into an earnest hygiene.
First part of the book is focus on young people. Includes Sacred Geometry and Geometric Origin of Language

THE BODY ELECTRIC

The Body Electric tells the fascinating story of our bioelectric selves. Robert O. Becker, a pioneer in the field of regeneration and its relationship to electrical currents in living things, challenges the established mechanistic understanding of the body. He found clues to the healing process in the long-discarded theory that *electricity* is vital to life. But as exciting as Becker's discoveries are, pointing to the day when human limbs, spinal cords, and organs may be regenerated after they have been damaged, equally fascinating is the story of Becker's struggle to do such original work. *The Body Electric* explores new pathways in our understanding of evolution, acupuncture, psychic phenomena, and healing.



HEALING IS VOLTAGE



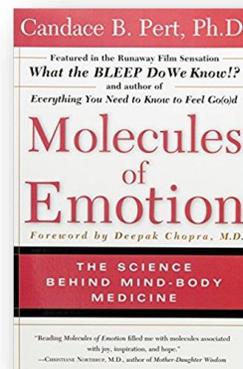
Every cell in the body is designed to run at -20 to -25 millivolts. To heal, we must make new cells. To make a new cell requires -50 millivolts. Chronic disease occurs when voltage drops below -20 and/or you cannot achieve -50 millivolts to make new cells. Thus chronic disease is always defined by having low voltage. This book tells you how to measure your voltage in each organ, how to correct it, and how to determine why your voltage dropped enough to allow you to get sick.

Cells in the body require voltage to work and to make new cells to replace worn out cells. Our muscles are rechargeable batteries that provide this voltage. Each organ has its own battery pack. Such battery packs are specific stacks of muscles. These muscle stacks are known as acupuncture meridians.

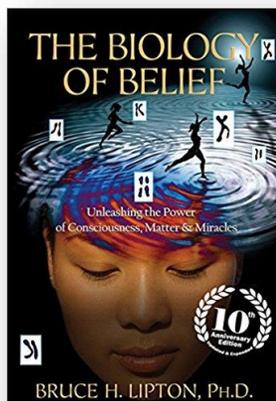
MOLECULES OF EMOTION

Why do we feel the way we feel? How do our thoughts and emotions affect our health? Are our bodies and minds distinct from each other or do they function together as parts of an interconnected system?

Her pioneering research on how the chemicals inside our bodies form a dynamic information network, linking mind and body, is not only provocative, it is revolutionary. By establishing the biomolecular basis for our emotions and explaining these new scientific developments in a clear and accessible way, Pert empowers us to understand ourselves, our feelings, and the connection between our minds and our bodies -- body-minds -- in ways we could never possibly have imagined before.

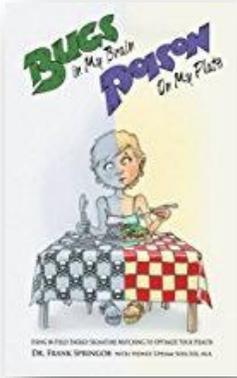


THE BIOLOGY OF BELIEF



The Biology of Belief is a ground breaking work in the field of new biology. Former medical school professor and research scientist Bruce H. Lipton, Ph.D., presents his experiments, and those of other leading-edge scientists, which examine in great detail the mechanisms by which cells receive and process information. The implications of this research radically change our understanding of life, showing that genes and DNA do not control our biology; instead, DNA is controlled by signals from *outside* the cell, including the energetic messages emanating from our positive and negative thoughts. This profoundly hopeful synthesis of the latest and best research in cell biology and quantum physics has been hailed as a major breakthrough, showing that our bodies can be *changed* as we retrain our thinking.

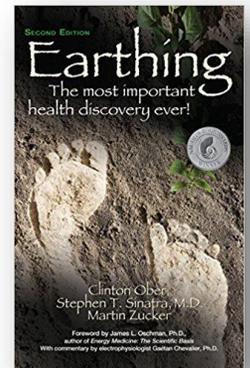
BUGS IN MY BRAIN POISON ON MY PLATE



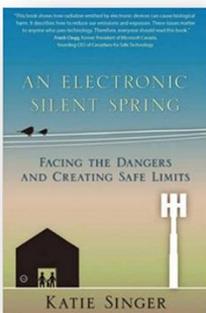
In America, the food supply has steadily degraded over the past 150 years. Commercial foods loaded with chemicals, high-fructose corn syrup, trans-fats, and GMOs have taken over the marketplace. Political interests and corporate greed have controlled our diet for decades, leading to an epidemic of degenerative health conditions. Now we can fight back! *Bugs in My Brain, Poison on My Plate* explains the problem and provides practical solutions for restoring and maintaining your health by using the Morphogenic Field Technique (MFT) to match the energy of your food to the energy field your body. The latest advancement in natural health care, MFT incorporates muscle response testing with energy healing and personalized nutritional protocols. Ideal for practitioners and patrons alike, this book reveals how to access the innate wisdom of the body to create sustainable, affordable, effective health solutions that will lead to a brighter future for us all.

EARTHING

'Earthing' introduces readers to the landmark discovery that living in contact with the Earth's natural surface charge - being grounded - naturally discharges and prevents chronic inflammation in the body. This effect has massive health implications because of the well-established link between chronic inflammation and all chronic diseases, including the diseases of ageing and the ageing process itself.

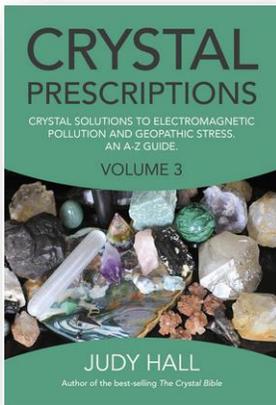


AN ELECTRONIC SILENT SPRING: FACING THE DANGERS AND CREATING SAFE LIMITS



Over millions of years, living creatures have evolved in relation to the Earth's electromagnetic energy. Now, we're surrounded by human-made frequencies that challenge our health and survival. *An Electric Silent Spring* reports the effects of electrification and wireless devices on people, plants, bee colonies, and frogs around the globe. It presents solutions for people who want to reduce their exposure to electromagnetic radiation. This pioneering book is for anyone concerned about the health of the environment and the people and other creatures that inhabit it.

CRYSTAL PRESCRIPTIONS

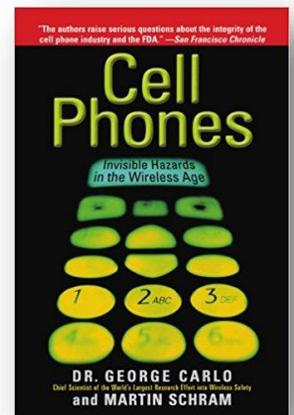


Judy lays out the dangers of EMFs very clearly. She quotes liberally from the research of Professor Denis Henshaw of Bristol University who has examined the question of how magnetic fields interact with the body generally and more specifically the effects of corona ions emitted from high voltage power lines.

Judy's book also deals fairly and squarely with the issue of Geopathic Stress. She defines GS as "*negative energies, also known as 'harmful earth rays' which emanate from the Earth and cause discomfort and ill health*". Over 4000 years ago the Chinese recognized destructive earth vibrations that they called 'dragon lines' and warned against building houses on such stressful sites.

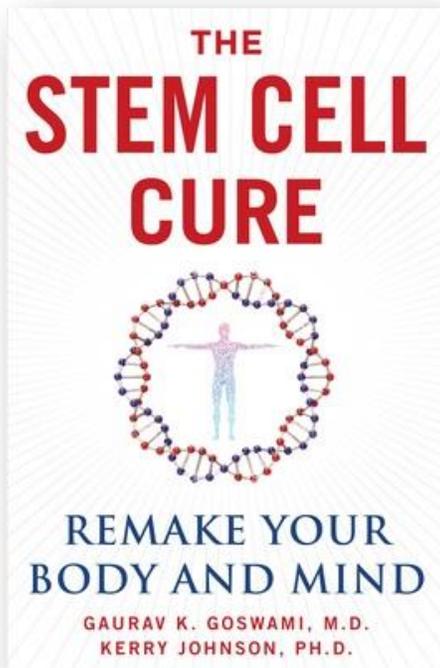
CELL PHONES

Essential reading for the 100 million Americans currently using wireless phones, this thoroughly researched and documented cautionary work stands alongside of such classics as Silent Spring and The Coming Plague. With news reports proliferating of the possible connection between brain tumors and cell phone use, Dr. George Carlo was hired by the cell phone industry in 1993 to study the safety of its product. In 1999 funds for Dr. Carlo's research were not renewed, and the industry sought to discredit him. Undeterred, Carlo now brings his case to the public with a powerful assessment of the dangers posed by the microwave radiation from cell phone antennas—disruption of the functioning of pacemakers, penetration of the developing skulls of children, compromise to the blood-brain barrier, and, most startlingly, genetic damage that is a known diagnostic marker for cancer—as well as a presentation of safeguards that consumers can implement right now to protect their health. "...the authors raise serious questions about the integrity of the cell phone industry and the FDA."—San Francisco Chronicle



STEM CELL THERAPY

The Stem Cell Cure : The Incredible Power of Your Own Cells to Make You Feel Young and Healthy Again



The 150+ year lifespan of our ancient ancestors can be achieved once again by harnessing the power of our own cells with The Stem Cell Cure!

Renowned regenerative and restorative sports medicine Doctor Guarav Goswami, provides advanced minimally invasive, non-surgical treatments to help his patients get back to peak performance levels no matter their age. Harnessing the transformative power of stem cells is central to his expertise. In fact, stem cell therapy is proven to be effective in the treatment of many common conditions from arthritis and back pain to Alzheimer's, Parkinson's, and cancer. This book is an accessible and informative introduction to the amazing powers of Stem Cell Therapy the biggest revolution in medicine since the discovery of penicillin, and a wave of the future.

Co-authored by bestselling author and popular keynote speaker Kerry Johnson MBA PhD. The Stem Cell Cure provides specific ways for readers to boost their health and vitality for a lifetime by recovering, regenerating, and repairing injuries and disease.